

阳光心理安康中心 新型冠状病毒在线讲坛

新型冠状病毒在线讲坛将由医学专家、心理健康专家主持，分享美国疾病控制中心对新冠病毒防疫的最新指示、如何获取正确可靠的相关资讯，并教会大家应该如何做好日常防疫和应对因疫情而引起的负面情绪。

华人朋友们可以加入直播讨论，分享在疫情期间的故事、提出问题并向专家寻求建议。

5月8日 周五 4-5PM

Zoom Meeting ID: 979 3121 7618

联系电话: (917) 969-7018

微信: CSHNYC



扫描二维码上课



Chinese American Sunshine House Virtual Public Health Education Town Hall Meeting on COVID-19

This meeting will teach Chinese-Americans how to comply with CDC suggestions on COVID-19 and provide insights on adjusting to this new way of living and managing emotional problems caused by the pandemic. We are creating this online community to provide the public with a platform where they can ask questions, speak their minds, talk about issues that concern them and seek advice from mental health professionals.

May 8 Friday 4-5PM

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**Scan the QR code to
join the class**